

TILCARA - CALILEGUA TREK

Destination: Tilcara - Jujuy

Theme: Adventure Tourism - mountain trekking.

Proposal: A journey on foot that leads us from the magnificent Quebrada de Humahuaca (Cultural Heritage of Humanity declared by UNESCO) to the leafy jungles of the north of our country, traveling over four days through ancestral populations immersed in the middle of valleys and passes of more than 4000 meters above sea level.

This 70 km route is carried out along marked trails, starting in Tilcara (Jujuy) and going through the communities of Huairahuasi, Molulo and San Lucas, ending in the Yungas of Calilegua (Jujuy), where you can appreciate the best landscapes of the Argentine Northwest

Dates: August 13th to 17th; August 21st to 25th; September 10th–14th; September 17th –21st; October 8th –12th; October 22nd –26th; November 5th –9th; and November 20th–24th.

Meeting point: Tilcara - Jujuy

End point: San Salvador de Jujuy - Jujuy.

Modality: trekking in the mountains.

Difficulty: intermediate to demanding Must be in good physical condition and in good health.

It is not necessary to have previous technical knowledge about trekking , since the program does not present technical difficulties.

The group walks between 6 and 9 hours a day during several days of the program, at a gentle pace, with intermediate stops.

This trek includes some ascents and descents, in some cases long and steep.

You must have previous experience of mountain walks and camping in remote natural areas.

Quotas available: 4 to 15 people.



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ITINERARY

Day	Evening	Description
Day 1 Tilcara (2450 masl)	Tilcara – Quebrada de Humahuaca – Jujuy	Meeting in the town of Tilcara. Presentation of the guides and general meeting to describe the route and check backpacks and equipment. Acclimatization.
Day 2 Tilcara (2450 masl) – Huairahuasi (3100 masl)	Huairahuasi area – Yuto Pampa	Early in the morning we left Tilcara towards Los Amarillos, in the Quebrada Seca. There the trekking begins, with views of the Quebrada de Humahuaca and its incredible formations and colors. The trail will take us little by little through a ravine, where we will gradually gain altitude to reach Abra de la Cruz 4,165 masl. Then we descend to the valleys of Huairahuasi, where we set up our first camp: Paraje Yuto Pampa • Duration: from 8 to 10 hours. • Distance: 20 km. • Maximum height reached during the journey: 4,165 m.
Day 3 Huairahuasi (3100 masl) – Molulo (2950 masl)	Molulo Village	After having breakfast and preparing our backpacks, we begin the day's journey on a gentle slope towards some ridges where, with incredible views of the mountains that surround us, we will have lunch. We continue the journey to reach Molulo in a few hours, where we will set up our camp. • Duration: 4 to 6 hours. • Distance: 13 km. • Maximum height: 3,450 m.

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Day 4 Molulo (2950 masl) – San Lucas (1800 masl)	Saint lucas	Breakfast early in the morning. We start the day walking the trail along a gentle ascent towards the Abra del Potrero, before beginning the strong ascent towards Cerro Colorado, we have lunch and rest. A zigzagging path will lead us through the lush vegetation to the top of the Hill. Once there, the descent begins to the community of San Lucas, where we will spend the last night. • Duration: from 8 to 10 hours. • Distance: 22 km. • Maximum height: 3,000 m.
day 5 San Lucas (1800 masl) – Peña Alta, San Francisco (Calilegua National Park)- 1250 masl		Leaving San Lucas behind, we continue along a path that runs parallel to the San Lucas River. During the journey, already in the middle of the jungle, we will come across some magnificent waterfalls that fall from the rocks. Finally, after crossing the river, the ascent to San Francisco begins, where our transfer back to the SS de Jujuy awaits us. • Duration: 4 to 6 hours. • Distance: 13 km. • Alt . Max: 1800m



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INFORMATION AND GENERAL CONDITIONS OF THE ASCENT

Services included :

- ✓ Transfers: Meeting in Tilcara. One-way transportation from Tilcara to Quebrada Seca 13 km, where the journey begins and return transportation from Peña Alta, ending of the trekking, to San Salvador de Jujuy, in a private vehicle. Group transfer: 250 km through a mountain road, for 4 hours in which you can appreciate different landscapes.
- ✓ Lodging: **One (1) night of lodging in Hostal de Tilcara** (group rooms, bedding, shared bathrooms, showers, towels) and **three (3) nights of lodging in family or communal lodgings and/or wild camps, depending on availability.** The camp is set up upon the arrival of the group in suitable places both for comfort and the provision of water. It includes double or triple base tents. WE RECOMMEND: Coordinate and reserve accommodation for the return.
- ✓ Meals: Full board in the mountains.
 - Day 2 – Breakfast, lunch, snack and dinner.
 - Day 3 – Breakfast, lunch, snack and dinner.
 - Day 4 – Breakfast, lunch, snack and dinner.
 - Day 5 – Breakfast and lunch.
 - Breakfast and/or snacks (coffee, tea, milk, sweet and salty biscuits, toast and homemade jam), lunch box (sandwich, variety of meats and cheeses, fruits, cereal bars), dinner (starter, main course and dessert). If you need a special diet (vegetarian, celiac, etc.), do not forget to specify it , a menu will be prepared according to your needs at no extra cost.
- ✓ Complete mountain kitchen equipment, heaters and fuel for the entire expedition.
- ✓ Professional mountain guides.
- ✓ Group mountain first aid kit.
- ✓ VHF communications equipment, and satellite messenger (SPOT) for emergencies.
- ✓ Civil liability and personal accident insurance.
- ✓ Emergency support horse.
- ✓ Equipment Portage: mules to transport equipment (10 kg per person) during the entire 4-day trekking route . We recommend bringing a sturdy bag.
HOW TO PACK? Each bag must not exceed 10 kg in weight. Since our mules carry a maximum of 30 kilos and the load must be balanced on each side of the animal.

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Services not included:

- ✓ Lodging night for the day of return.
- ✓ Personal expenses in accommodation.
- ✓ Meals and/or extra drinks not specified in the program
- ✓ Personal equipment (see list below).
- ✓ Evacuation expenses.
- ✓ Expenses caused by abandoning the program.
- ✓ All services not detailed as included.

GENERAL EQUIPMENT FOR THE ASCENT

Necessary personal basic equipment:

Body part	suggested equipment
Feet	- Long socks (1 pair of coats and it can be 2 synthetic socks for walking). Trekking boots . - Comfortable shoes / sandals / crocs , etc. as rest or replacement footwear.
upper body section	Tshirts. Long-sleeved first-leather interiors. 2 T-shirt. Polypropylene short sleeves. 1 T-shirts. Cotton. 1 Diver or polar jacket 1. Waterproof / breathable jacket. Warm jacket. Type: Duveé and/or synthetic.
lower body section	Trekking pants . 1 or 2 fleece pants or thermal leggings . 1 comfortable pants . Cotton, for camps - optional.
Hands	Light gloves. Polypropylene (first skin). 1 pair. Warm gloves - Thinsulate or wool. 1 pair.
Head	Warm cap. Wool or fleece. Ski mask. Sun hat. With visors and neck protector. Headlamp. With bulb and spare batteries. Sunglasses. 100% UV, with side protectors. 2 pairs (one spare).

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For sleeping	Down or synthetic fiber sleeping bag -15° C. Insulating or therm -a-rest.
Backpack	Big backpack. 60 liter capacity. Optional: Small backpack for walking since we have portering (or we can shrink the big backpack). Taking into account that all necessary equipment requested by the guide (s) for each day fits. Bag to transfer loads on mules or vehicle.
For the trip	Plastic bags. To pack clothes and keep them dry 3.
Technical team	Canes. Telescopic. Headlamp with batteries and spare.
personal equipment	Sun screen. Factor 30 -40. Lip balm. Factor 20 - 40. Pocket knife. Victorinox . Plastic plate, hermetic glass , cutlery. Wide mouth bottles. For 1 liter water each - 2. Tip: Nalgene . Thermos. 1 liter. Toothbrush and toothpaste. Toilet paper. 1 roll.
Optional (To take to base camp)	Camera. Pencil and notebook, games and mp3. Personal towel and soap, baby wipes, foot powder. Camel bag.

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FINAL PRICE:

- ARS \$850,000 - **Cash payment (via bank transfer or deposit).**

(Rate expressed in Argentine pesos, subject to change without prior notice.)

PAYMENTMETHODS:

To reserve your spot, a 30% deposit is required. The remaining balance can be paid in installments up to 15 days before departure.

Bank details will be provided privately once registration is confirmed.

Financing via credit card available (extra fees apply).

TO COMPLETE THE RESERVATION YOU MUST:

- Complete the registration form on departure.
- Pay the remaining balance, which must be paid up to 7 days before the departure date.
- Send all documents to our email aikenoutdooractivities@hotmail.com or via WhatsApp +54 9 3541 521011

GENERAL CONDITIONS OF RATES

Aiken 's Staff outdoors Activities can partially or totally modify the program when it considers that the health, physical or psychological integrity of one or more members of the group is at risk, as well as when weather, safety or other conditions require it. In this case, the amount paid for the activity will NOT be refunded to the clients.

Aiken reserves the right to cancel the starting of the trek when the number of the enrolled people does not reach the minimum reported. The passenger can choose to participate in the next activity with the available terms or the refund of 100% of the amount paid, without corresponding any other refund or compensation for any cause.

WITHHOLDINGS

Once the reservation is confirmed and the deposit is paid, it is non-refundable and cannot be transferred to another trip.