



ASCENT TO LANIN VOLCANO (3776 masl)

DESTINATION: Neuquén.

THEME: Adventure Tourism - Trekking in the Andes.

PROPOSAL: We invite you to a unique experience: to trek the Lanín volcano from its base. Standing at an impressive 3776 meters, Lanín is not only a symbol of Argentine mountaineering but also an exciting challenge for nature lovers. Whether you are an experienced athlete or someone looking to try something new and thrilling, Lanín awaits you. Its beauty and majesty attract both experts and beginners eager to live an unforgettable adventure.

DEPARTURE DATES: -October 4-5 / 11-12 / 18-19 / 24-25.
-November 1-2 / 8-9 / 22-23.
-December 20y 21 / 27 y 28.

MEETING POINT: San Martín de Los Andes / Junín de Los Andes.

END POINT: San Martín de Los Andes / Junín de Los Andes.

MODE: trekking and high mountain ascent.

DIFFICULTY: The ascent to Lanín is of medium/high difficulty, ideal for those looking to test their physical and mental endurance. This challenge requires concentration and good physical condition, but the reward is unbeatable: spectacular panoramic views and the satisfaction of having conquered one of the most beautiful peaks in the region.

AVAILABLE SLOTS: up to 8 participants per scheduled date.

**Closed group option:* Only your group's members participate. You choose the ascent date. We offer an extra day for bad weather. Minimum of 4 people.





ITINERARY

Day	Activity description
Day 1 Meet at San Martin de Los Andes / Junín de Los Andes	We will visit your accommodation to check the equipment and finalize any missing details. It's important to do this by 5 pm to have time to get any missing or inadequate gear if needed.
Day 2 Junín de Los Andes / San Martin de Los Andes – Lanin Volcano Base – Refuge (2300 masl)	In the morning, we head to the base of the volcano, about 70km from Junín de Los Andes, Río Turbio Section of National Parks, where the ascent begins. After filling out the ascent permits, we start the trek through a forest to the “Espina de Pescado” Moraine Glacier and from there to the domes or refuge. We are now at about 2300mts. The trek takes 4 to 5 hours with breaks and lunch included. Once at the refuge, we settle in and relax while having a snack. We prepare the equipment for the next day, enjoy a hearty dinner, and rest for the second day.
Day 3 Camp at the base of Lanin Volcano (2300 masl) – Summit (3776 masl) – Rio Turbio Section (Volcano Base) – San Martin/Junin de Los Andes	This is the most demanding day of the ascent. We wake up early, have breakfast, and set off at night towards the summit. It takes about 6 to 7 hours of continuous ascent. If the weather is favorable, after enjoying the summit, we descend to the refuge where we have lunch and rest. We continue descending to the base, arriving around 6 pm. We return to Junín de los Andes and bid farewell until the next adventure.

Pagina Web: aikenoutdooractivities.com

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Instagram: [aikenoutdooractivities](https://www.instagram.com/aikenoutdooractivities)



GENERAL INFORMATION AND CONDITIONS OF THE ASCENT

INCLUDED SERVICES:

- ✓ Professional guides authorized by Lanín National Park.
- ✓ WhatsApp group to answer questions and get to know each other.
- ✓ Pre-ascent meetings.
- ✓ Advice on personal equipment and where to get it.
- ✓ Training advice.
- ✓ Assistant (depending on ascent mode and number of participants to be agreed).
- ✓ Overnight in a dome, refuge, or mountain tent for 2 or 3 people (subject to availability).
- ✓ Round trip transfer.
- ✓ Equipment REQUIRED by Lanín National Park: Crampons - Ice Axe - Gaiters - Helmet - Poles.
- ✓ All meals (breakfasts, packed lunches, dinners).
- ✓ Personal insurance.
- ✓ VHF radio equipment.
- ✓ Cooking equipment (pots, stoves, etc.).
- ✓ Utensils: Plate, cutlery, cup or mug.
- ✓ Group first aid kit.

EXCLUDED SERVICES:

- ✗ Transfers from your place of origin to Neuquén (San Martín de los Andes / Junín de los Andes).
- ✗ Personal equipment (see list below).
- ✗ March rations (we recommend bringing nougat, cereal bars, nuts, alfajores, candies, etc.).
- ✗ Rescue and evacuation costs.
- ✗ Porters for personal equipment. (Can be hired separately)
- ✗ Expenses incurred by abandoning the program.
- ✗ Any service not detailed as included.



PERSONAL EQUIPMENT FOR THE ASCENT

Feet:

Socks:

- Wool or polypropylene – 2 pairs (outer socks).
- Polypropylene – 2 pairs (inner socks).
- Cotton – 2 pairs.
- Trekking boots (not new).

Upper Body:

- Long-sleeve base layer shirts.
- 2 Short sleeve polypropylene T-shirts.
- 1 Cotton T-shirt.
- Fleece or windstopper jacket.
- Waterproof/breathable jacket.
- Warm jacket (e.g., down jacket).

Lower Body:

- Trekking pants (1 or 2).
- Fleece pants or thermal leggings (1).
- Waterproof/breathable pants (1).
- Comfortable cotton pants for the base camp (optional).

Hands:

- Lightweight polypropylene gloves (first layer, 1 pair).
- Warm gloves – Thinsulate or wool (1 pair).
- Waterproof/breathable mitt covers (1 pair).

Head:

- Warm hat (wool or fleece).
- Balaclava.
- Sun hat with brim and neck protection.
- Headlamp with spare batteries.
- Sunglasses (100% UV, with side shields, 2 pairs).

**Sleeping:**

- Sleeping bag (1 kg down or synthetic -15° C).
- Sleeping pad.

Backpack:

- Large backpack (minimum 60 liters capacity + cover).

Travel:

- Plastic bags to pack clothes and keep them dry (3).

Personal Equipment:

- Sunscreen (SPF 30-40).
- Lip balm (SPF 20-40).
- Pocket knife (Victorinox).
- Plastic plate, hermetic cup, cutlery.
- Wide-mouth water bottles (1 liter each, 2 suggested, e.g., Nalgene).
- Thermos (1 liter).
- Toothbrush and toothpaste.
- Toilet paper (1 roll).

Optional (for base camp):

- Camera.
- Pencil and notebook, games, and MP3.
- Personal towel and soap, baby wet wipes, foot powder.
- Sandals (e.g., Crocs).
- Camel bag.



FINAL PRICE:

- Total cost equivalent in pesos to USD 550 at the time of payment. (*According to the blue dollar exchange rate published on Lanacion.com.ar)

PAYMENT METHODS:

TO RESERVE:

- **First payment:** deposit equivalent in pesos to USD 100 at the time of payment. (*According to the blue dollar exchange rate published on Lanacion.com.ar) For the deposit, pay by bank transfer or bank deposit to the following account:

BANCO NACION ACCOUNT

HOLDER: Mailen Fernández

CBU: 0110552030055210882433

Alias: AIKEN.OUTDOOR.ACT

- **Second payment:** equivalent in pesos to USD 200 at the time of payment. (*According to the blue dollar exchange rate published on Lanacion.com.ar) and the remaining amount must be settled up to 15 days before the departure date. For the second payment and the remaining amount, pay by bank transfer or bank deposit to the following account:

MERCADO PAGO

ACCOUNT HOLDER: María Isabel Farías

CVU: 0000003100084627530249

Alias: Mvmt.mp

- Consult financing with credit cards (surcharge applies).

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TO COMPLETE THE RESERVATION, YOU MUST:

- Complete the registration forms for the outing, provided by Aiken Outdoor Activities.
- Make the payment, which must be settled up to 15 (fifteen) days before the departure date.
- Send everything to the email aikenoutdooractivities@hotmail.com or WhatsApp +54 9 3541 521011.

GENERAL CONDITIONS OF THE RATES

The staff of Aiken Outdoor Activities can partially or totally modify the program when they consider that the health, physical or psychological integrity of one or more members of the group is at risk, as well as when weather, safety, or other conditions require it. In this case, the value paid for the activity will NOT be refunded to clients.

Aiken reserves the right to cancel the outing if the number of registrants does not reach the minimum informed. In this case, the passenger may choose to participate in the next activity within the available deadlines or receive a 100% refund of the amount paid, with no other refund or compensation due for any reason.

RETENTIONS

Once the reservation is confirmed and the deposit is paid, it is non-refundable and non-transferable to another trip.