



CERRO PENITENTES ASCENT 4350 (masl)

DESTINATION: Mendoza – Quebrada de Vargas.

THEME: Adventure Tourism - Trekking in the Cordillera.

PROPOSAL: Cerro Penitentes is located in the Quebrada de Vargas, a little more above of the center of winter-ski name sake and to few kilometres of the Bridge of the Inca. In front of him, it rises the majestic and imposing, the Stone Sentinel, the Colossus of America, the Aconcagua Hill of 6962masl.

This excursion affords you to approach the Main Mountain Range, making a beautiful approach trekking to the base camp, at 3,300 meters above sea level, and then attempting to reach the summit, at 4,350 meters above sea level.

The program proposes 4 days, to enjoy and acclimate correctly. An invitation for those who want to start in the high mountains and trekking through the Main Cordillera of the Andes.

DATE: February 14 to 17. CARNIVAL HOLYDAY.

MEETING POINT: Penitentes Ski Center, Mendoza.

END POINT: Penitentes Ski Center, Mendoza.

MODALITY: Trekking in the mountains.

DIFFICULTY: This ascent (in summer) has a moderate to demanding level of difficulty, which means that it demands a physical requirement and presents a low level of risk since it combines moderate activities in wild environments (The different activities. They have been classified into 4 categories according to the physical effort required and the level of risk involved: Mild, Moderate, Demanding and Very demanding).

QUOTA: 6 to 12 people

ITINERARY

Day	Description
1 - Meeting in Penitentes Village, Mendoza.	4 p.m.: Meeting in Penitentes Village, Mendoza. Presentation of the team of guides team, review of backpacks and technical equipment. Dinner and night at a hostel to rest from the trip and begin to acclimatize. •Initial height: 2850 masl
2 - Penitents - Camp at the base of Penitentes Mountain (3300 masl)	After a good breakfast, preparation of the backpacks and start of the hike approach hike to the base camp. We entered through the Quebrada of Vargas. It is a type of walk with intermediate stops. Rest and setting up the camp. Acclimatization. Dinner and overnight. •Initial Height: 2650masl •Camp Height: 3300masl •Hours of activity: 4 / 5
3 - Camp at the base of Penitentes Mountain (3300 masl) – Summit (4350 masl)	Breakfast very early. The idea of the day will be the attempt to climb the Penitentes hill, of 4350 masl. The ascent is long and gradual. We will start to get great views of the wall south of the Hill Aconcagua, if weather allows us. If all goes well, we will arrive to summit around noon. Photos and rest at the summit. Descent and return to the camp. It is a long day of between 8 and 10 hours of walking. Farewell dinner in the mountain and overnight. •Initial Height: 3300masl. •Summit height: 4350 masl •Hours of activity:8/10



Pagina Web: aikenoutdooractivities.com

WhatsApp: (03541) 15521011

e-mail: aikenoutdooractivities@hotmail.com

Instagram: [aikenoutdooractivities](https://www.instagram.com/aikenoutdooractivities)

ITINERARY

Day	Description
4 - Camp at the base of Penitentes Mountain (3300 masl) – Penitentes (2650masl)	Breakfast. We calmly disarm camp and begin the descent through the Quebrada de Vargas to the route (about 4 hours). End of trip and our services. •Initial Height: 3300masl •Final height (Penitentes): 2650masl





INFORMATION AND GENERAL CONDITIONS OF THE ASCENT

SERVICES INCLUDED :

- ✓ Lodging: one (1) night in a mountain hostel in Villa Penitentes (group rooms, shared bathrooms, showers) and two (2) nights in camp. Includes double or triple base mountain tents.
- ✓ Full board in mountain.
 - Day 1 – Dinner .
 - Day 2 -Breakfast, lunch, afternoon snack and dinner.
 - Day 3 -Breakfast, lunch, afternoon snack and dinner.
 - Day 4 -Breakfast.
 - Breakfast and/or snacks (coffee, tea, milk, sweet and salty biscuits, toast and homemade jam), lunch box (sandwich, variety of meats and cheeses, fruits, cereal bars), dinner (starter, main course and dessert). If you need a special diet (vegetarian, celiac, etc.), do not forget to specify it , a menu will be prepared according to your needs at no extra cost.
- ✓ Complete mountain kitchen equipment, heaters and fuel for the entire expedition.
- ✓ Carrying equipment for common use (complete mountain kitchen equipment, group food and tents).
- ✓ Professional guides authorized according to the legislation of the Province of Mendoza.
- ✓ Group mountain first aid kit.
- ✓ VHF communications equipment and satellite messaging (SPOT) for emergencies.
- ✓ insurance of civil liability and personal accidents.

SERVICES NOT INCLUDED:

- ✗ Transfers. (Ask for private transfer service or regular transportation services from the City of Mendoza to the Penitentes Ski Center).
- ✗ Personal equipment (see list below).
- ✗ March rations (we recommend bringing nougats, cereal bars, nuts, candies, etc.)
- ✗ Rescue and evacuation expenses.
- ✗ Porters for personal equipment. (Can be contracted hired separately)
- ✗ Expenses caused by abandoning the program.
- ✗ All services not detailed as included.



SUGGESTED GENERAL EQUIPMENT

ESSENTIAL PERSONAL GEAR

Feet

Long socks (3 pairs of thick coats and 2 synthetic ones for walking).

Warm and waterproof trekking boots.

WE RECOMMEND:

Comfortable sneakers/ crocs , etc. as rest or replacement footwear.

Upper body section

Tshirts. Long-sleeved first-skin interior x 2 or 3.

T-shirt. Short polypropylene sleeves x 2 or 3.

T-shirts. Cotton x 2.

Sweater or polar jacket x 1 or 2.

Camp was waterproof/breathable (Anorak type).

Warm jacket. Type: Duveé and/or synthetic.

lower body section

Trekking pants x 1 or 2.

Fleece pants or thermal leggings x 1 .

ski type). Comfortable

pants , they can be made of cotton. (optional).

Mesh shorts (thermals) x 1.

Hands

Light gloves. Polypropylene (first skin) x 1 pair.

Warm gloves - Thinsulate or wool x 1 pair.

Third layer gloves or mittens (waterproof and breathable). They can be ski type x 1 pair.

Head

Warm hat. Wool or fleece.

Ski mask.

Sun hat. With visors and neck protector.

Headlamp. With spotlight and spare batteries. Sunglasses. 100% UV, with side protectors. 2 pairs (one spare).

For sleeping

Sleeping bag. 1 kg. duveé or synthetic fiber -18° C.

Insulating.

Backpack

Backpack with a capacity of 45 to 55 liters. Taking into account what is necessary that the guide(s) request for each day.

Bag for transporting loads by vehicle.

Technical team

Canes. Telescopic.

Headlamp with batteries and spare.

Personal equipment

Sun screen. Factor 30 -40.

Lip balm. Factor 20 - 40.

Pocket knife. Victorinox .

Soup plate, cutlery and glass.

Wide mouth bottles. For water of 1 liter each - 2. Thermos. 1 liter. Toothbrush and toothpaste. Toilet paper. 1 roll.

Personal first aid kit (medication with the relevant prescription).

Optional

Camera. Pencil and notebook for notes, games and mp3. Camel bag. Personal towel and soap, baby wipes.





FINAL PRICE:

- **AR\$699,000** – (full payment via bank transfer or bank deposit).

PAYMENT METHODS:

To reserve your spot, a 30% deposit of the total amount is required. The remaining balance may be paid in partial installments up to 15 (fifteen) days before the departure date.

Bank details for transfers or deposits will be provided privately once registration is confirmed.

Financing via credit card available upon request (surcharge applies).

TO COMPLETE YOUR RESERVATION, YOU MUST:

- Fill out the registration forms provided by Aiken Outdoor Activities.
- Complete the payment, which must be fully settled no later than 7 (seven) days before departure.
- Send all documentation to aikenoutdooractivities@hotmail.com or via WhatsApp at +54 9 3541 521011.

GENERAL TERMS & CONDITIONS:

The Aiken Outdoor Activities team reserves the right to partially or fully modify the planned itinerary if they deem that the health, or the physical or psychological integrity of one or more participants may be at risk due to personal, weather, safety, or other relevant factors. In such cases, no refund will be issued for the activity.

Likewise, Aiken Outdoor Activities may cancel the expedition if the minimum required number of participants is not reached. In that case, the participant may choose to: Join the next available departure (based on available dates), or Request a full refund (100%) of the amount paid.

No other type of refund, compensation, or indemnity will be provided for this reason.

CANCELLATIONS:

Once the reservation (deposit) is confirmed and paid, it is non-refundable and non-transferable to another trip, date, or program.

AIKEN OUTDOOR ACTIVITIES

Guías Profesionales de Montaña y de Trekking en Cordillera. ISAUI, EPGAMT.

Capacitación y Certificación WRF vigente. Wilderness First Responder.

Guías Habilitados en la Provincia de Mendoza. EMETUR / Res. N° 65 y N°437.

