AIKEN OUTDOOR ACTIVITIES
Operadores de Turismo Alternativo
Ente de Turismo Mendoza
EMETUR / Res. N° 65 y N°437.
Sistema de Áreas Protegidas de Mendoza



TREKKING IN CORDÓN DEL PLATA

Ascent of Adolfo Calle (4250 m), Stepanek (4180 m) and El Salto Camp (4200 m).

DESTINATION: Mendoza - Cordón del Plata.

THEME: Trekking in the Andes.

PROPOSAL: We invite you to discover the awe-inspiring beauty of the Cordón del Plata, a true gem of the Andes Mountains located just a short drive from Mendoza. This region, surrounded by towering peaks over 5000 meters, offers an ideal setting for mid-altitude adventures, with breathtaking high-mountain landscapes that inspire and move the soul. Our program combines several days of trekking and ascents to peaks of varying elevation, such as Arenales (3400 m), Lomas Blancas (3650 m), Adolfo Calle (4250 m) and Stepanek (4180 m) - always returning to a cozy alpine-style mountain hut, where we spend each night and share in the spirit of mountain life.

The experience also includes a hike to El Salto high camp (4200 m), a stunning natural balcony offering sweeping views of the region's great Andean giants: Vallecitos, Rincón, El Plata, and Lomas Amarillas.

Over the course of four days, you'll enjoy a well-rounded mountain experience: gradual ascents that support acclimatization, hikes through majestic landscapes, and the comfort of homemade mountain meals shared in a warm and simple mountain setting.

An invitation to reconnect with nature, challenge your limits, and share the journey with fellow mountain lovers.

DATE: April 30 to May 3, 2026. Long weekend — The perfect time for a mountain get away!

MEETING AND FINISHING POINT: Vallecitos – Cordón del Plata (Mendoza)

PHYSICAL DIFFICULTY: DEMANDING. Good physical condition and health are required.

TECHNICAL DIFFICULTY: NONE. The group will walk 3 to 8 hours daily, at a gentle pace, with intermediate stops. The trek includes some ascents and descents, some long and steep. Previous mountain hiking experience is required.



ITINERARY

Day	Activity
1- 13/04/2026 Meeting at Vallecitos.	Meeting in Vallecitos at 2:00 PM. We'll settle into the mountain hut, organize our gear, and get ready for a short acclimatization hike in the surrounding area. Return to the hut. Dinner and overnight stay. ·Initial Height: 2900 masl. ·Max Height: 3100 masl. ·Activity Hours: 4 hrs.
2 - 1/05/2026 Ascentto Cerro Lomas Blancas (3650 masl).	After a good breakfast, we will begin the ascent and summit attempt of Lomas Blancas Mountain (3650 masl) and Arenales (3400 masl) via the Quebrada del Estudiante. From the summits, we will see the impressive peaks of 4000-5000 meters that are part of Cordón del Plata. Return to the shelter. Dinner and overnight stay. ·Initial Height: 2900 masl. ·Summit Height: 3650 masl. ·Activity Hours: 5/6 hrs.
3 - 2/05/2026 Ascent to Adolfo Calle Mountain (4210 masl) and Stepanek (4180 masl).	Early in the morning, we will begin the trek to ascend and attempt the summits of Adolfo Calle Mountain (4250 masl) and Stepanek (4180 masl), two magnificent 4000ers of the Cordón del Plata. The ascent is long and gradual. If the weather allows, we will enjoy stunning views of the Cordón del Plata. If all goes well, we will reach the summits by noon. Photos and rest. Descent and return to the refuge. Dinner and overnight stay. · Initial Height: 2900 masl · Summit Height: 4250 masl . Activity Hours: 6/8 hrs





ITINERARY

Day	Activity
4 - 3/04/2026 Ascent to San Bernardo Mountain (4156 masl).	Today we set out on a special journey to ward El Salto Camp. The trail leads us through increasingly open and rugged landscapes, where the air feels lighter and the surroundings grow quieter. As we gain elevation, the towering peaks of the Cordón del Plata begin to appear. Upon arrival, we find our selves on a true natural balcony, with breath taking views of the region's great five-thousanders: Vallecitos, Rincón, Cerro Plata, and Lomas Amarillas. We then descend back to the mountain refuge, where our services come to an end.





GENERAL INFORMATION AND CONDITIONS OF THE ASCENT

INCLUDED SERVICES:

- Accommodation in a mountain refuge for 3 (three) nights (group dormitory rooms, shared bathroom, shower). RECOMMENDATION: Arrange and book accommodation for your return.
- ✓ Meals: Full board in the mountains, from the snack on day 1 to lunch on day 5. Breakfasts and/or snacks (coffee, tea, milk, sweet and savory biscuits, toast, and homemade jam), hiking lunch (sandwich, variety of cold cuts and cheeses, fruits, cereal bars), dinner (starter, main course, and dessert). If you require a special diet (vegetarian, gluten-free, etc.), please specify, and a menu will be prepared according to your needs at no extra cost.
- ✓ Professional guides certified by the Mendoza Tourism Entity and Mendoza Protected Natural Areas.
- ✓ Group first-aid kit for mountain emergencies.
- ✓ VHF communication equipment and satellite messenger (SPOT) for emergencies.
- Civil liability and personal accident insurance.

NOT INCLUDED SERVICES:

- X Transfers. (*If you do not have a private vehicle to reach the meeting point, inquire about transfer services from Potrerillos to Vallecitos).
- Personal expenses at the refuge.
- Extra meals and/or drinks not specified in the program.
- Personal equipment (see list below).
- Evacuation expenses.
- Costs incurred by abandoning the program.
- Any service not detailed as included.



GENERAL GEAR FOR THE ASCENT

Feet

Socks:

- -Wool or polypropylene 2 pairs (outer socks).
- -Polypropylene 2 pairs (inner socks).
- -Cotton 2 pairs.

Footwear:

- -Trekking boots.
- -Trekking shoes.

<u>Upperbody</u>

- -Long-sleeve base layer shirts 2.
- -Short-sleeve polypropylene T-shirt 1.
- -Cotton T-shirt 1.
- -Fleece sweater or jacket.
- -Waterproof/breathable jacket.
- -Insulated jacket.

Lower Body

- -Trekking pants 1.
- -Fleece pants or thermal leggings 1.
- -Waterproof/breathable pants 1.
- -Comfortable pants (cotton, for refuge/camp) optional.

Hands

- -Lightweight gloves (polypropylene base layer) 1 pair.
- -Insulated gloves (Thinsulate or wool) 1 pair.
- -Waterproof/breathable mitt covers 1 pair.

Head and eyes

- -Warm hat (wool or fleece).
- -Balaclava.
- -Sun hat (with visors and neck protector).
- -Headlamp (with spare bulbs and batteries).
- -Sunglasses (100% UV, with side shields) 2 pairs (one as a spare).

Sleeping gear

-Sleeping bag (1 kg, down or synthetic fiber, rated to -15° C).



Backpack

-Backpack with a minimum capacity of 50 liters.

Hicking gear

- -Telescopic trekking poles.
- -Head lamp with batteries and spare.

Personal equipment

- -Sunscreen (SPF 30-40).
- -Lip balm (SPF 20-40).
- -Pocket knife (Victorinox).
- -Plastic plate, hermetic cup, and utensils.

Hydration:

- -Wide-mouth water bottles (1-liter each) 2 (suggested: Nalgene).
- -Thermos (1 liter).

Personal Care:

- -Tooth brush and toothpaste.
- -Toilet paper (1 roll).

Optional ítems (To be taken to the base camp).

- -Camera.
- -Pen and notepad, games, and mp3 player.
- -Personal towel and soap, baby wipes, foot powder.
- -Crocs-style sandals.
- -Camel bag.



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FINAL PRICE:

-AR \$780,000 – (cash payment via bank transfer or deposit).

PAYMENT METHODS:

To reserve your spot, a 30% deposit of the total amount is required. The remaining balance can be paid in installments, up to 15 days prior to the departure date.

Bank details for transfer or deposit will be provided privately once registration is confirmed.

Ask us about credit card financing options (surcharge applies).

TO COMPLETE YOUR RESERVATION, YOU MUST:

- Fill out the registration forms for the activity, which will be provided by the Aiken Outdoor Activities team.
- Make the payment in full, no later than 5 days before the departure date.
- Send all documentation to aikenoutdooractivities@hotmail.com or via WhatsApp to +54 9 3541 521011.

GENERAL TERMS & CONDITIONS OF RATES

Aiken Outdoor Activities reserves the right to partially or completely modify the planned program if the health, physical or psychological safety of one or more participants is considered at risk due to personal, weather, safety, or other relevant reasons. In such cases, no refunds will be issued for the activity.

Likewise, Aiken Outdoor Activities may cancel the trip if the minimum number of participants is not met. In that case, participants may choose to Join the next available activity (depending on scheduled dates), or Request a full (100%) refund of the amount paid.

No other type of refund, compensation, or indemnification will apply in this situation.

CANCELLATION POLICY

Once the reservation (deposit) is confirmed and paid, it is non-refundable and non-transferable to another departure, date, or program.

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Our team is composed of certified mountain and trekking guides with extensive experience in high-altitude expeditions across the Andes. Certified by ISAUI and EPGAMT.

Current Wilderness First Responder (WRF) Certification Specialized in risk management, emergency response, and high-altitude logistics Safety, professionalism, and deep regional know ledge are the pillars of our guiding philosophy. Certified Guides Authorized by the Province of Mendoza.





Escuela provincial de guías de ALTA MONTAÑA Y TREKKING

